



Welcome to 9th Grade Forecasting!

Meet the Counselors

- We are your high school counselors: we can help with scheduling questions, as well as social or personal topics.



SARAH OLCZAK (SHE/HER)

Students A - C



KAY SANDOZ (SHE/HER)

Students Co - H



SUVI CHISHOLM

Students He - M



JENNA MELIGAN (SHE/HER)

Students Mo - S



ASHLEY GEORGE (SHE/HER)

Students Se - Z

Today's Agenda

1. Introductions
2. Icebreakers
3. OCHS Overview
4. Time to meet with the counselors to review & turn in your forecasting sheets





**Icebreaker
Time!**



HIGH SCHOOL TIPS!

- **Be friendly and say hello to people in the halls, or people you don't know.**
- **Join a club or a sport! Clubs and sports are a great way to meet people with the same interests!**
- **Don't worry about people judging you, most people are too focused on themselves.**
- **Don't be afraid to ask for help.**



- **30+ clubs at OCHS**

Including: GSA, Gaming Club, Gente Unida Latinx Club, Climbing Club, and more!

- **Athletics**

Including: soccer, football, softball, baseball, equestrian, clay target, and more!

Fall Sports start in August! (don't forget your sports physical)

Graduation Requirements

Course Type	Credits
Language Arts	4.0
Mathematics (Integrated 1 and above)	3.0
Science	3.0
Social Sciences (Global Studies 1.0, US History 1.0, Economics .5, Government .5)	3.0
Fine Arts /Applied Arts/ Career and Technical Education / World Language	3.0
Physical Education	1.5
Health	1.0
Personal Finance	0.5
Higher Education and Career Path Skills	0.5
Electives	6.5
TOTAL 26.0	26.0

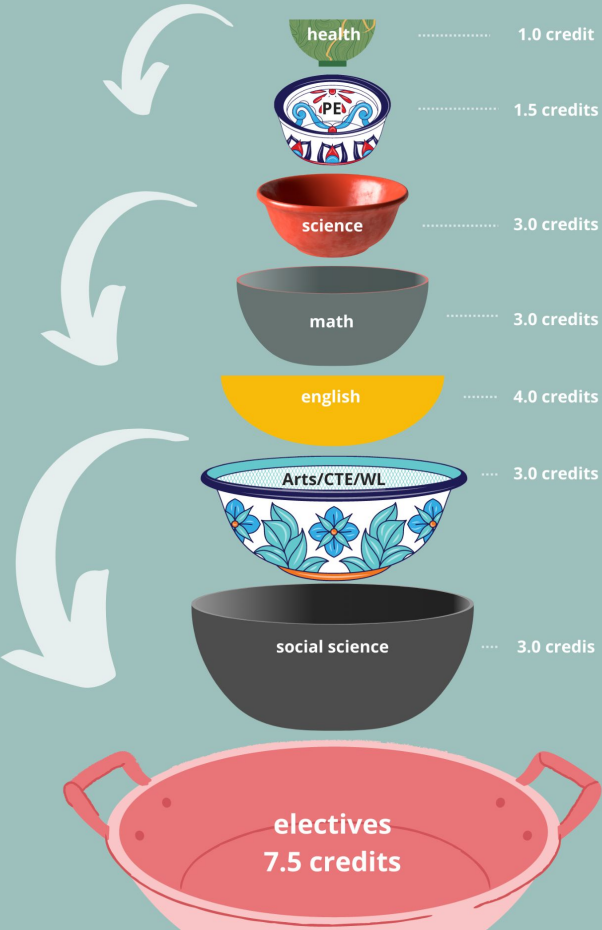
Each class is worth .5 credits.

OCHS has **trimesters** or 3 terms.

All OCHS students need 26 credits to graduate.

Each **trimester** you will take **5** classes or 2.5 credits, each **year** you will take **15** classes 7.5 credits.

WHERE DO CREDITS GO?



Let's say you love science, if you meet all the required credits for science, you can keep taking more science classes but it will show up as an elective!

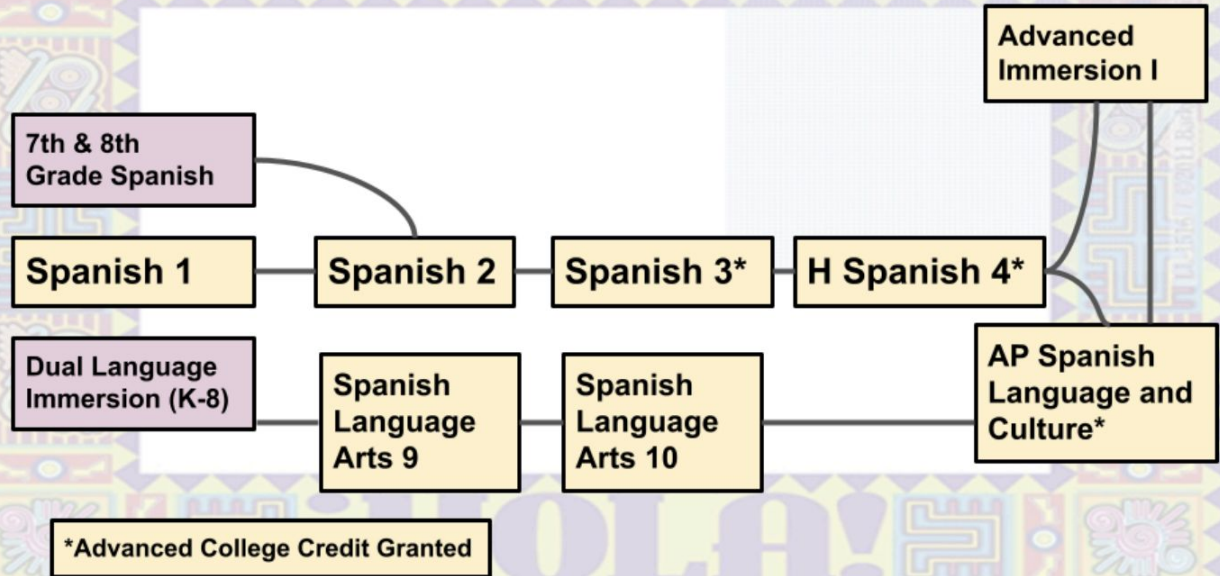
when you meet requirements, extra classes become electives!

Forecasting for Languages

Colleges require two years of a foreign language.

Talk to your Spanish teacher about what level of Spanish you should take next year!

Recommended Spanish Course Sequence



What Does a Typical Freshman Year Schedule Look Like?

Trimester 1

1. Language Arts 9A
2. Integrated Math 1A
3. **STEM Physics A**
4. German 1A
5. AVID 9A

Trimester 2

1. Language Arts 9B
2. Integrated Math 1B
3. PE Activities
4. Intro to Art
5. AVID 9B

Trimester 3

1. Language Arts 9C
2. Integrated Math 1C
3. **STEM Physics B**
4. German 1B
5. AVID 9C

*The courses in bold are required for Freshman Year



Typical Course Pattern for Class of 2028

Class of 2028

9th Grade	10th Grade	11th Grade	12th Grade
Language Arts 1.5	Language Arts 1.0	Language Arts 1.0	Language Arts 1.0
Math 1.5	Math 1.0	Math 1.0	Social Studies 1.0
Science 1.0	Science 1.0	Science 1.0	Career Ed. 0.5
Social Studies 1.0	Social Studies 1.0	Health 0.5	Electives 5.0
Physical Ed. 0.5	Health 0.5	Physical Ed. 0.5	
Electives 2.0	Physical Ed. 0.5	Personal Finance 0.5	
	Electives 2.5	Electives 3.0	

Can I change my schedule?

Policies and Procedures

Yes

- I haven't taken the pre-requisite
- I'm missing a period in my schedule
- I have the same class twice

No

- I want this class during a different period
- I want a different teacher
 - I want a different lunch



Dual Credit Classes

Honors Classes

Dual Credit Classes

AP Classes

CTEP Classes

For freshman year there limited offerings for these classes, if this is something you are interested in please connect with a counselor.

Let's Forecast!

If you scan this code
then you can look
through the Curriculum
Handbook for Oregon
City High School



Kahoot!

QUIZ TIME!!
Go to Kahoot.it

Room 1

Room 2

Room 3

