



# **Oregon City High School Forecasting Packet 2024-2025**

OCHS Curriculum Handbook 2024-25 QR Code



Scan this QR code to access the curriculum handbook and view course descriptions and opportunities for Oregon City High School.

**Welcome Class of 2028!!!**

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## **Get Involved!**

Getting involved in sports and clubs is a great way to connect with new people and grow your resume

### **OCHS Sports**

**OCHS Sports Website Link:** <https://ochspioneersathletics.org/athletic-registration>

Sports registration for freshman year starts in August, make sure you get a sports physical in advance!

#### **Fall Sports**

Cheer & Dance  
Cross Country  
Football  
Soccer Boys  
Soccer Girls  
Volleyball

#### **Winter Sports**

Cheer & Dance  
Basketball Boys  
Basketball Girls  
Bowling  
Clay Target  
Equestrian  
Snowboard  
Wrestling  
Unified Sports

#### **Spring Sports**

Baseball  
Golf Boys  
Golf Girls  
Lacrosse  
Rugby  
Softball  
Tennis Girls  
Tennis Boys  
Track & Field

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### **OCHS Clubs**

**OCHS Club Website Link:** <https://www.ochspioneers.org/about-clubs>

Check out these cool clubs!

AAPI Affinity	La Gente Unida	National Honor Society
Arcade Game Club	Gender & Sexuality Alliance	Ski & Snowboard Club
Art Club	International Seminar	Speech & Debate
Avid Leadership Club	Journalism	Study Bible Club
Bowling	JROTC	Swimming
Clay Target Team	Kendama	Thespians
Coding Club	Key Club	World Culture Club
DECA	Literary Magazine	Writing Club
Equestrian	National Honor Society	
Fellowship of Christian Athletes	OCHS Girls Who Code	

# OCHS is a trimester school. Students take 5 classes per trimester

This is an example of a typical Freshman Year schedule. Some classes are three trimesters long, while others are one or two trimesters long.

<b><u>Trimester 1</u></b>	<b><u>Trimester 2</u></b>	<b><u>Trimester 3</u></b>
Language Arts 9A	Language Arts 9B	Language Arts 9C
Integrated Math 1A	Integrated Math 1B	Integrated Math 1C
STEM Physics A	STEM Physics B	Global Studies B
German 1A	Global Studies A	German 1B
AVID 9A	AVID 9B	AVID 9C

## Workspace

Use this space to work through what your potential schedule might look like based on your class selections. Please place each section in a box. Make sure to include all sections (A,B,and/or C) of each class to get a clear picture of how many electives and classes you can take next year.

<b><u>Trimester 1</u></b>	<b><u>Trimester 2</u></b>	<b><u>Trimester 3</u></b>
STEM Physics A	STEM Physics B	


# OCHS STANDARD DIPLOMA REQUIREMENTS

OCHS STANDARD DIPLOMA REQUIREMENTS	
SUBJECT AREA	NUMBER OF CREDITS NEEDED
<b>Language Arts</b>	<b>4.0 credits*</b> <i>*must include 1 credit in a literature-based course during 11th or 12th grade, Note: English 12 counts)</i>
<b>Mathematics</b>	<b>3.0 credits</b> ( <i>Integrated 1 and above</i> )
<b>Science</b>	<b>3.0 credits</b>
<b>Social Sciences</b>	<b>3.0 credits</b> in the following: - 1.0 credit <b>Global Studies (9th grade)</b> - 1.0 credit <b>US History (10th grade)</b> - 0.5 credit <b>Government (11th or 12th grade)</b> 0.5 credit <b>Economics (11th or 12th grade)</b>
<b>Physical Education</b>	<b>1.5 credits</b>
<b>Health Education</b>	<b>1.0 credit</b> - <i>Health 1 (10th grade)- Health 2 (11th or 12th grade)</i>
<b>Fine Arts, Applied Arts, CTE, and/or World Language</b>	<b>3 credits*</b> <i>*2 Years (2.0) credits of World Language is Required for 4-Year University Admissions. At minimum must finish through Spanish 2, French 2, or German 2.</i>
<b>Personal Finance</b>	<b>0.5 credits</b>
<b>Higher Education and Career Path Skills</b>	<b>0.5 credits</b>
<b>Electives</b>	<b>6.5 credits*</b> <i>*once students have fulfilled a Subject Area, any other course taken in that Subject Area counts toward Electives.</i>
<b>TOTAL</b>	<b>26 CREDITS REQUIRED FOR GRADUATION</b>

## **What do School Counselors do?**

- Support with personal issues
  - Academic advisement
- Assisting with social emotional development
  - Help with schedules
  - Help students with goal setting
- Provide referrals to mental health services

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Counselor: \_\_\_\_\_

<b>Language Arts</b>	<b>Mathematics (Teacher signature required)</b>	<b>Science</b>
<p><i>Choose one of the below:</i></p> <p><b>Three Trimester Classes (1.5 credits)</b></p> <p><input type="checkbox"/> Dual Language Program Spanish Language Arts 9 (A,B,C)</p> <p><input type="checkbox"/> English 9 (A,B,C)</p> <p><b>Total Credits: _____</b></p>	<p><i>Choose one of the below:</i></p> <p><b>Three Trimester Classes (1.5 credits)</b></p> <p><input type="checkbox"/> Advanced Integrated Math 9 (A,B,C) <input type="checkbox"/> Integrated Math 1 (A,B,C)</p> <p><i>Consult with your current math teacher about the appropriate placement.</i></p> <p><b>Math Teacher Signature:</b></p> <p>_____</p> <p><b>Total Credits: _____</b></p>	<p><b>Two Trimester Class (1.0 credit)</b></p> <p><input type="checkbox"/> STEM Physics (A,B)</p> <p><i>All 9th grade students take STEM Physics. Additional science electives are on back.</i></p> <p><b>Total Credits: _____</b></p>
<b>Social Sciences</b>	<b>Physical Education</b>	<b>Curriculum Handbook</b>
<p><i>Choose one of the below:</i></p> <p><b>Two Trimester Class (1.0 credits)</b></p> <p><input type="checkbox"/> Global Studies (A,B)</p> <p><b>OR</b></p> <p><b>Three Trimester Classes (1.5 credits)</b></p> <p><input type="checkbox"/> AP Human Geography (A,B,C)</p> <p><b>Total Credits: _____</b></p>	<p><i>Students can take one PE class per trimester. If you want to take a PE class more than once, check the box here and list that class in the Electives section below:</i></p> <p><b>One Trimester Classes (.5 credit)</b></p> <p><input type="checkbox"/> PE Activities <input type="checkbox"/> Toning &amp; Endurance <input type="checkbox"/> Weight Training <input type="checkbox"/> Yoga &amp; Pilates</p> <p><b>Total Credits: _____</b></p>	

Electives (Required) List in order of preference	Alternate Electives (Required) List in order of preference
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.

**Add up your credits here: \_\_\_\_\_ (You should have 7.5 credits/15 classes in one year)**

**Parent/Guardian Signature: \_\_\_\_\_**

# Course Offerings

See Curriculum Handbook for full course descriptions and prerequisites

## Science

- Honors Environmental Science (pg.30)
- Marine Biology (pg. 29)
- Space Science (pg.29)

## Performing and Visual Arts

- 3D Art (pg. 46)
- Advanced Treble Choir (A,B,C) (pg. 42)
- Art History (pg.45)
- Concert Band (A,B,C) (pg. 41)
- Concert Choir (A,B,C) (pg. 42)
- Digital Photography (pg.47)
- Drawing & Painting 1 (pg.45)
- Film Studies (pg.44)
- Graphic Design (pg. 47)
- Honors Master Choir (A,B,C) (pg.42)
- Introduction to Art (pg.45)
- Marching Band/Symphonic Band (A,B,C) (pg. 41)
- Technical Theatre (A,B,C) (pg.44)
- Theatre Arts 1 (A,B) (pg.43)
- Yearbook (A,B,C) (pg. 48)

*\*higher level music classes available with audition*

## World Language

- French 1 (A,B) (pg. 65)
- German 1 (A,B) (pg. 66)
- Spanish 1 (A,B) (pg. 68)

*\*higher level available based on middle school level or bilingual program. Consult with your language teacher for placement.*

## Career and Technical Education

- Business Communication (pg. 50)
- Career Exploration (pg. 54)
- \*\*Career Learning Elective: Internship (pg. 72)
- Computer Keyboarding (pg. 55)
- Design & Construction 1 (pg. 58)
- Health Professions (pg. 59)
- Honors Accounting 1 (A,B) (pg.53)
- Intro to Business & Management (pg. 50)
- Intro to Computer Programming (A,B) (pg.54)
- Introduction to Public Health (pg. 59)
- Introduction to Robotics (pg.55)
- \*\*JROTC LET 1 (A,B,C) ( pg. 60)
- Marketing 1 (A,B) (pg. 51)
- Medical Terminology (A,B) (pg. 59)
- Microsoft Office (pg.55)

## Approval Based Classes

- AVID 9 (A,B,C) (pg. 70)
- Student Council (A,B,C) (pg. 71)

## Early Bird Classes

- Adv Drill JROTC (A,B) (pg. 61)
- Adv. Weight Training (pg. 63)
- Jazz Band (A,B,C) (pg.42)
- Sound Check (A,B,C) (pg.43)

**\*\*See Curriculum Handbook for full course title**

No Letters = 1 Trimester Class  
(A,B) = 2 Trimester Classes  
(A,B,C) = 3 Trimester Classes